

EASTBOURNE AIR SHOW 2026

Departure Plus Menu

Please choose 2 items from below

Slow roasted honey & mustard pulled pork Allergens :mus | Kcal: 748 | NGCI

Harissa spiced chicken & caramelised pineapple skewer Allergens:n/a | Kcal: 284 | NGCI

Grilled halloumi in a lemon & garlic marinade Allergens: m | Kcal: 395 | NGCI

Chimichurri Mediterranean vegetable skewer Allergens: g, sy | Kcal: 227 | NGCI* | VG

Bread

A selection of warm breads; jalapeno and cheddar loaf, brioche-style buns, Khobez-style flatbread, rye and carraway, rosemary focaccia. Served with chilli, lime & coriander or garlic & herb flavoured butters

Allergens: g, m | Kcal: 328 | NGCI* | VG*

Sauce and Sides Station

Sage & onion stuffing, apple sauce, piccalilli, barbeque sauce, garlic mayonnaise, mustard, crispy onions, caramelised onion relish, mint yoghurt

Please see signage for allergen and calorific information

Salad Bar

Spiced couscous with mint and pomegranate seeds, mint yoghurt Allergens: g |

Kcal:293/100g | VG

House salad – mixed leaves, cucumber, cherry tomatoes, red onion Allergens: n/a | Kcal:

15/100g | NGCI | VG

Mediterranean vegetable farfalle pasta salad Allergens: g | Kcal: 30/100g | VG

Homemade coleslaw Allergens: n/a | Kcal: 193/100g | NGCI | VG

Afternoon Treat

Fresh British farm ice cream Please ask your server for allergen and calorific information | VG* | NGCI*

Or Salted caramel chocolate brownie Allergens: n/a | Kcal: 283 | VG | NGCI

All our food is prepared in a kitchen where nuts, gluten and other allergens are present.

Our menu descriptions do not include all ingredients. If you have a food allergy, please let us know before ordering. Please inform us of any dietary requirements by emailing us at events.eastbourne@trafalgar.global

(c) = Contains celery | (cr) = Contains crustacean | (e) = Contains egg | (m) = Contains milk | (mus) = Contains mustard | (f) = Contains fish | (g) = Contains gluten | (n) = Contains nuts | (s) = Contains sulphites | (sy) = Contains soy | (l) = Contains lupins | (mos) = Contains mollusc | (p) = Contains peanuts | (ses) = Contains sesame seed

VG = Vegan | V = Vegetarian | NGCI = Non Gluten Containing Ingredient Recipe | VG* = Vegan alternative available | NGCI* = Non Gluten Containing Ingredient Recipe alternative available